



Parent Line NSW

Help when you need it

CALL US
1300 1300 52

Parent Line NSW provides free telephone counselling for parents and carers with children aged 0 – 18 years. We can help with anything from:

- Settling and feeding newborns and babies
- Toddler taming
- Managing child care and school transitions
- Support during family separation
- Managing stress and anxiety

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9am – 9pm Monday to Friday

4pm – 9pm Weekends

info@parentline.org.au

parentline.org.au

