



Parent Line NSW

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Parent Line NSW provides free telephone counselling for parents and carers of children aged 0 – 18 years.

We can help with anything from:

- Settling, sleeping and feeding
- Questions about child development
- Managing challenging behaviour
- School issues
- Problematic technology usage
- Alcohol and drugs
- Strategies to build positive relationships
- Finding support around a child's disability

You can speak to a counsellor with an interpreter at no cost.

Just call us on 1300 1300 52.

 **Parent Line NSW**
1300 1300 52
Parentline.org.au



- ✉ info@parentline.org.au
- 🕒 9am-9pm weekdays | 4pm-9pm weekends