



Parent Line NSW

# Parent Line NSW

Parent Line NSW provides free telephone counselling for parents and carers of children aged 0 – 18 years.

## We can help with anything from:

- Settling, sleeping and feeding
- Questions about child development
- Managing challenging behaviour
- School issues
- Problematic technology usage
- Alcohol and drugs
- Strategies to build positive relationships
- Finding support around a child's disability

You can speak to a counsellor with an interpreter at no cost.

**Just call us on 1300 1300 52.**

 **Parent Line NSW**  
**1300 1300 52**  
Parentline.org.au

✉ info@parentline.org.au

🕒 9am-9pm weekdays | 4pm-9pm weekends

# Parent Line NSW

Parent Line NSW provides free telephone counselling for parents and carers of children aged 0 – 18 years.

## We can help with anything from:

- Settling, sleeping and feeding
- Questions about child development
- Managing challenging behaviour
- School issues
- Problematic technology usage
- Alcohol and drugs
- Strategies to build positive relationships
- Finding support around a child's disability

You can speak to a counsellor with an interpreter at no cost.

**Just call us on 1300 1300 52.**

 **Parent Line NSW**  
**1300 1300 52**  
Parentline.org.au

✉ info@parentline.org.au

🕒 9am-9pm weekdays | 4pm-9pm weekends



# Parent Line NSW

Parent Line NSW provides free telephone counselling for parents and carers of children aged 0 – 18 years.

## We can help with anything from:

- Settling, sleeping and feeding
- Questions about child development
- Managing challenging behaviour
- School issues
- Problematic technology usage
- Alcohol and drugs
- Strategies to build positive relationships
- Finding support around a child's disability

You can speak to a counsellor with an interpreter at no cost.

**Just call us on 1300 1300 52.**

 **Parent Line NSW**  
**1300 1300 52**  
Parentline.org.au

✉ info@parentline.org.au

🕒 9am-9pm weekdays | 4pm-9pm weekends