



Parent Line NSW

Help when you need it

CALL US
1300 1300 52

Parent Line NSW provides free telephone counselling for parents and carers with children aged 0 – 18 years. We can help with anything from:

- Settling, sleeping and feeding
- Managing challenging behaviour
- School issues
- Problematic technology usage
- Alcohol and drugs
- Strategies to build positive relationships

 **Parent Line NSW**
1300 1300 52
Parentline.org.au

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9am – 9pm Monday to Friday
4pm – 9pm Weekends
info@parentline.org.au
www.parentline.org.au

